# Campus Community Partnerships to Reduce Asthma Burden in the Local Community

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#### **BACKGROUND**

- Preventable asthma-related ER visits result from limited primary care access and insurance barriers that restrict asthma management education opportunities.
- A community partnership involving the Decker School of Nursing, the American Lung Association, and local schools addresses this need to improve health outcomes.
- Community Engagement: collaboration between higher education and local communities for the mutually beneficial exchange of knowledge and resources

#### **PURPOSE**

- Educating college students about asthma management through the American Lung Association will lower cases of uncontrolled asthma within our community.
- Students share knowledge on asthma with the community helping the community with health and wellbeing, reducing disparities in health outcomes.
- This partnership benefits students by providing an opportunity to experience hands on teaching and prepare them for their future careers.

### **METHODS**

- College students were trained and certified by the American Lung Association in Open Airways, Kickin' Asthma, and the Asthma Flipchart.
- Students then implemented these programs in the local community.
- Data was collected via a campus community partnership at local HeadStart's and elementary schools.







## LESSON LEARNED:

- Campus-community partnerships with organizations like the American Lung Association learning about asthma is critical for better management, prevention, and overall health
- Understanding what triggers asthma attacks helps individuals take proactive measures to avoid them
- Students gain invaluable real-world experience while community organizations benefit from innovative approaches and additional resources.
- By learning from past challenges, people with asthma and their support networks can develop strategies to improve their quality of life and reduce situations.





Scan for references

### RESULTS

- Fostering Campus Community Partnerships (CCP's) has proven to be effective, resulting in over 360 students being trained in asthma management.
- By making connections with the American Lung
  Association, students learned how to help children in
  their local community manage their asthma.
- This outreach has positively impacted over 700 children over 15 school districts.
- These partnerships help educate children in the local community about asthma management and help prevent school absences and hospital visits.



CONCLUSION

- In order to improve asthma teaching and management, campus-community partnerships—such as those with the American Lung Association—are crucial. In addition to assisting people in **recognizing** and avoiding **asthma triggers**, these partnerships give college students invaluable practical experience.
- These collaborations improve quality of life and lower the prevalence of asthma-related health problems in the community by addressing historical concerns and raising awareness.

